THE BODY KEEPS THE SCORE

Dancing with Trauma and Recovery

SARAH CARLSON SUMMER Assistant Professor of Dance Cedar Crest College



Mission: to bridge people, ideas and understanding through the power of movement





Connecting Art, Community and Life





AN EVENING OF DANCE ABOUT UNCERTAINTY

SATURDAY, FEBRUARY 20 AT 8PM

Charles A. Brown Ice House, 56 River St, Bethlehem Tickets: \$20/\$15 student



Reservations: scdancelink@gmail.com

More Info: icehousetonight.com www.scdancelink.org





A NEW YORK TIMES BESTSELLER

THE BODY KEEPS THE SCORE

BRAIN, MIND, AND BODY IN THE HEALING OF TRAUMA



BESSEL VAN DER KOLK, M.D.

"A MASTERPIECE THAT COMBINES THE BOUNDLESS CURIOSITY OF THE SCIENTIST, THE EMUOITION OF THE SCHOLAR, AND THE PASSION OF THE TRUTH TELLER." - AVOITH HERMAN, M.D.

trauma = universal spectrum



Dancing with Trauma and Recovery



the deepest well

> HEALING the Long-term effects of childhood Adversity

NADINE BURKE HARRIS, M.D.

"ACEs and toxic stress thrive on secrecy and shame, both at the individual level and the societal level. We can't treat what we refuse to see." p 171

THE BODY KEEPS THE SCORE

Dancing with Trauma and Recovery

Choreographer/Composer Collaboration

Sarah Carlson / Vernon Mobley

https://vimeo.com/288094736

THE BODY KEEPS THE SCORE

Dancing with Trauma and Recovery

Wednesday. December 5th at 7pm

Samuels Theater at Tompkins College Center Cedar Crest College Tickets: FREE and open to the public More info: 610-606-4608 or www.cedarcrest.edu/stage