# **THE BODY KEEPS THE SCORE**

### **Dancing with Trauma and Recovery**

SARAH CARLSON SUMMER Assistant Professor of Dance Cedar Crest College



Mission: to bridge people, ideas and understanding through the power of movement





### Connecting Art, Community and Life





AN EVENING OF DANCE ABOUT UNCERTAINTY

#### SATURDAY, FEBRUARY 20 AT 8PM

Charles A. Brown Ice House, 56 River St, Bethlehem Tickets: \$20/\$15 student



Reservations: scdancelink@gmail.com

More Info: icehousetonight.com www.scdancelink.org





#### A NEW YORK TIMES BESTSELLER

#### THE BODY KEEPS THE SCORE

BRAIN, MIND, AND BODY IN THE HEALING OF TRAUMA



#### BESSEL VAN DER KOLK, M.D.

"A MASTERPIECE THAT COMBINES THE BOUNDLESS CURIOSITY OF THE SCIENTIST, THE EMUOITION OF THE SCHOLAR, AND THE PASSION OF THE TRUTH TELLER." - AVOITH HERMAN, M.D.

## trauma = universal spectrum



**Dancing with Trauma and Recovery** 



the deepest well

> HEALING the Long-term effects of childhood Adversity

NADINE BURKE HARRIS, M.D.

"ACEs and toxic stress thrive on secrecy and shame, both at the individual level and the societal level. We can't treat what we refuse to see." p 171

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## Choreographer/Composer Collaboration

Sarah Carlson / Vernon Mobley

https://vimeo.com/288094736

## **THE BODY KEEPS THE SCORE**

**Dancing with Trauma and Recovery** 

### Wednesday. December 5<sup>th</sup> at 7pm

Samuels Theater at Tompkins College Center Cedar Crest College Tickets: FREE and open to the public More info: 610-606-4608 or www.cedarcrest.edu/stage