



K-16 Partners Network Meeting

K-16 Partners Network Meeting: Collaborative Approaches to Improving Health and Wellness through Organized Sports, Physical/Health Education and After School Programming

April 25, 2018

School-Day Collaboration

- In-class support with teaches, PE, and recess
- On-going consulting with teachers (Playworks)
- Lunch clubs – address school wide initiatives
 - o School store
 - o Healthy snacks
- Teacher partners are key
- Challenges:
 - o How can all partners meet on a regular basis? We reach out individually?
 - o More engaged, hands-on curriculum resources
 - o Nutrition used as a punishment
 - o PE being taken away as punishment
 - o Actually following policy
- Pros:
 - o Teachers are very supportive / advocates
 - o Align goals/curriculum
- How do we share and collaborate better?
 - o Untapped resources (Eat Right Now)
 - o Shared, common goals (outcomes)
 - o Evaluation? Reporting Systems
 - o Partnerships to negotiate evaluation and reach outcomes (Universities, non-profits, School District, Organizations etc.)
 - o Partnership agreements (MOUs)
- Other notes:
 - o How to start? Who is your champion?
 - o Principal relationships matter
 - o What resources does the school have?

- What is your curriculum? – think about your lane of effectiveness - Partnerships along a pipeline
- Transportation/facility barriers – SEPTA tokens no more ☹️
- Metrics / Data
- Sustainable funding

Lower Grades Out-of-School Time

- Working collaboratively?
 - Professional development – coaches
 - What is the Philly landscape (not just public, but private and charter as well)
 - Curriculum focused on health/fitness – take curriculum that’s out there and adapt
 - School liaison/champion to act as bridge between school day and afterschool and a bridge to the principal
 - Climate staff? Teachers? Students?
 - School Day and afterschool all inevitably intertwine
 - Continuing to provide technical support for curriculum training – “easier entry”
- Competition vs. Exposure / Health
 - What is your lane of effectiveness?
 - Some student might outgrow
 - Create a referral network
- Collaboration with schools
 - Think about facilities/spaces – be flexible
 - Principals
 - Office of Strategic Partnerships

High School Out-of-School Time

- Volunteer
- Ask for the schools “wants”
- Partner with community programs, teams (ex. Little league) and neighbors and agree on what would work to support both sides
- Donations / fundraising
- Let’s talk about transportation – SEPTA? Money for buses? Passes that go past 8 pm?
 - Would love universities to help support with transportation needs
- Registration fees vs. free
- What we want to see? (Outcomes, curriculum, etc.)
 - Stronger partnerships with universities and community partners
 - More metrics / data collection
 - Access to curriculum
 - Fundraising
 - Collective learning opportunities for parents
 - Staff training
 - Pipelines (specific to your sport or activity)